

NJ State Permanency Requirements:

-An injury shall be considered permanent when the body part or organ, or both, has not healed to function normally and will not heal to function normally with further medical treatment.

Ligaments connect bone to bone. Spine ligaments hold the vertebrae of the spinal column in place. They protect the bones and nerves that make up the vertebrae and spinal cord. When your body receives an impact that is fast and hard, the movement pulls the ligaments that are around the spine and causes injury. It can cause either stretching or tearing of the ligament. A tear of the ligament(s) will result in have pain and swelling which may lead to permanent injury.